What is claimed is:

An intraocular lens for implanting within a natural capsular bag of a human eye, said lens implant comprising:

a lens body having anterior and posterior sides and including an optic and two or more plate haptics spaced about said optic, said haptics having inner ends adjacent said optic and outer ends extending from said optic; and

at least one of said haptics having one or more notches spaced about said haptic.

49. A lens according to claim 48, wherein:

said notches have an edge portion to prevent said haptics from becoming dislocated by preventing shifting or sliding relative to fibrosis pockets.

50. A lens according to claim 49, wherein:

said edge portion being disposed at a substantial angle to a longitudinal axis of said haptic.

A lens according to claim 49, wherein:

said edge portion being disposed at a substantial angle to a side edge of said haptic.

52. A lens according to claim 49, wherein:

said edge portion being disposed substantially transversally to a longitudinal axis of said haptic.

53. A lens according to claim 49, wherein:

said edge portion being disposed substantially transversally to a side edge of said haptic.

54. A lens according to claim 48, further comprising:

a plurality of protuberences extending outwardly from at least one of the anterior and/or posterior sides of one or more of said haptics to fixate said haptic in a natural capsular bag of an eye.

4 55. A lens according to claim 48, wherein:

at least one of said haptics has a plurality of openings formed therethrough to allow fibrosis of an anterior capsule remnant to a posterior capsule remnant through said haptic outer end opening following implantation of said lens into a natural capsular bag of an eye.